

# My Movement Discovery Journal

Name: \_\_\_\_\_

Week No: \_\_\_\_\_ 3 \_\_\_\_\_

**Pick an emoji that shows how you're feeling after PE today?**



Happy!



Disappointed



Frustrated



Proud



Joyful

**What made you pick that one?** \_\_\_\_\_

**1. How did you find striking the Peteca with your hand?**

**2. During the game of Peteca, did you discover any new movements you didn't know you could do?**

**3 What did you enjoy most about playing Peteca?**

**4. How do you think the game might change if you used a high net?**

